

Rockwell-Collins Winter Volleyball League Rules

2009-2010

(Changes from **08-09** Season bolded)

1. LEAGUES AND DIVISIONS

1.1 There are two leagues and four divisions within each league. On Wednesday night, Power, Advanced, and Recreational will play. On Thursday night, Intermediate will play, as well as Coed Recreational.

WEDNESDAY NIGHT		
LEAGUES	DIVISIONS	TEAM RESTRICTIONS
OPEN Wed Night	POWER	There are no gender restrictions in this league.
	ADVANCED	
	RECREATIONAL	
COED Wed Night	POWER	Teams must have a minimum of 3 males and 3 females on the roster.
	ADVANCED	
	RECREATIONAL	

THURSDAY NIGHT		
LEAGUES	DIVISIONS	TEAM RESTRICTIONS
OPEN	INTERMEDIATE	There are no gender restrictions in this league.
COED	INTERMEDIATE	Teams must have a minimum of 3 males and 3 females on the roster.
	RECREATIONAL	

2. FEES

- 2.1 The league fee per team is \$120 plus sales tax. The league fee is a flat team fee, not dependent on the number of team members.
- 2.2 There are no substitution or replacement player fees.
- 2.4 There must be a minimum of 6 players on a team roster.

- 2.3 Rockwell Collins will be providing a \$10 subsidy fee for its employees, contractors, retirees, and their spouses (for a maximum subsidy amount of \$60 per team).

3. PLAYERS

- 3.1 All players must be on an official team roster or be an eligible substitute, with a signed registration form and on file with the Rockwell Recreation Center before being allowed to play.
- 3.2 Each player must play at least two matches during the regular season to be eligible for tournament play.
- 3.3 A team cannot add new players to a roster during the tournament.
- 3.4 A player cannot be registered on more than two teams during the winter open and coed leagues.
- 3.5 Any infractions of these rules will mean an immediate forfeiture of any games in which an ineligible player has played.
- 3.6 A minimum of four players is required to start a match.
- a. Fewer than four players will result in a forfeiture of game 1 at scheduled game start time and forfeiture of games 2 and 3 at the start time of game 2.
 - b. Games may be played with less than four players, but the results will not affect forfeits.
 - c. COED teams must play with a minimum of two males AND two females and a maximum of three females and three males (unless okayed by the opposing captain).
- 3.7 Any person 18 years of age or older who is either a Rockwell Collins employee or their spouse, retired employee or their spouse, contract personnel or their spouse, or Rockwell Recreation Center member, is eligible to play in the Rockwell Collins Volleyball Leagues.

4. SUBSTITUTE PLAYERS

- 4.1 All substitute players must have a signed waiver on file with the Rockwell Recreation Center before being allowed to play for a team. (Note: Waiver forms are kept on file and are only required to be signed once for the season.)
- 4.2 Substitute players cannot be used during the tournament.
- 4.3 Any person 18 years of age or older who is either a Rockwell Collins employee or their spouse, retired employee or their spouse, contract personnel or their spouse, or Rockwell Recreation Center member, is eligible to play in the Rockwell Collins Volleyball Leagues.

5. GAME TIMES

- 5.1 Each match is allowed one hour, including warm-up.
- 5.2 Up to five minutes of warm-up will be allowed before the first game.
- 5.3 There will be a seventeen minute time limit per game. Any unused minutes not used in the preceding games may be allotted to the limits of succeeding games.

- 5.4 All three games will be used for team standings.
- 5.5 Each team is allowed one 30-second time-out per game.
- 5.6 Clear the court immediately following a match to allow the next scheduled teams to warm-up.

For gyms where official clocks are provided by the league, buzzers have been programmed to sound at the designated times. These must be adhered to as the official time. In cases where clocks have not been provided, the gym clock will serve as official time.

The following table shows the proper start and end times.

	Half-Hour Start	Hour Start
Warm-Up	X:30 - X:35	X:00 - X:05
1st Game	X:35 - X:52	X:05 - X:22
2nd Game	X:53 - X:10	X:23 - X:40
3rd Game	X:11 - X:28	X:41 - X:58

6. SCORING

- 6.1 Before the match, the captain of the first team listed on the schedule (or the higher ranked team in the tournament) chooses the right to serve/receive the service or the side of the court on which to start. The other captain makes the remaining choice. The team that starts serving the first game will also start serving the third game. The other team will start serving the second game. Teams will swap sides of the court after each game.
- 6.2 A match will consist of three games. Each game is to 25 points, with a minimum two-point advantage (no scoring cap), except for tie-breaker rule. Rally scoring will be used for all scoring situations. (A point is scored for the team that wins a rally, regardless of which team served.)
- 6.3 The ball may touch the net while crossing. "Let serves" count and play should continue.
- 6.4 Scoring when time has expired.
 - a. When time has expired, the team which is ahead is the winner (even if there is only a one-point difference).
 - b. If the teams are tied when time expires, normal play will continue until one team is ahead. (Since a point is scored on every serve, this should take only the next serve-the exception being a redo.)
- 6.5 Standard score sheets will be kept by the referees if available. Otherwise they will be in the gym bag provided by the league. Team captains (or a team representative) must sign the score sheets following each match, checking everything is correct and legible.
- 6.6 Final regular season standings will be determined in the following order:
 - a. Match Record
 - b. Game Record
 - c. Head to Head Record.
 - d. Coin Toss

7. PLACEMENT RULES FOR DIVISION WINNERS FROM THE PREVIOUS YEAR

- 7.1 A returning team is defined as at least 4 players or more than 50% (whichever is greater) of a team's roster returning from the previous season. (Note: this definition will be in affect the entire season and not just during the team registration period.)
- 7.2 A returning team that won a division the previous season is not eligible for regular season or tournament awards in the same division this season. A returning team that won a division the previous season will only be eligible for regular season and tournament awards in a higher division this season. (Note: This rule does not apply to a team in the power division since the team is unable to move to a higher division.)
- 7.3 Volleyball League Coordinators have the right to revoke Rule 7.2 in the following cases:
- a. Byes are present in two adjacent divisions in the same league.
 - b. Match and/or game records from the previous season show the top teams in a division are competitive with each other.

8. GENERAL RULES

- 8.1 Unless superseded by the rules of this document, the USAV "Rules of Play" will generally apply. The "Rules of Play" are considered to be Chapter 5 sections 12 – 19. These rules will be provided on the Rockwell Volleyball League website.
- 8.2 If a referee is provided, the server must wait for a whistle or indication from the referee before serving. If there is no referee, the server must wait for the other team to be prepared and announce the serve.
- 8.3 It is illegal to touch the net with any part of the body while the ball is in play. If the ball is driven into the net such that it causes the net to contact a player on the opposing team, no foul shall be called and the ball shall continue in play.
- 8.4 It is illegal to reach over the net, EXCEPT:
- a. When executing a follow-through (spike).
 - b. When blocking a ball in the opponent's court which is being returned. (The blocker must not contact the ball until after the opponent who is attempting to return the ball makes contact.)
 - c. When attempting to block over the net and failing to contact the ball as a result of a deceptive play by the opponents.
- 8.5 It is illegal to penetrate the opponent's space under the net, interfering with an opponent's play.
- 8.6 It is illegal to touch the floor on the opposite side of the center line, without some part of the foot/hand still in contact with or shadowing the center line, when the ball is in play.
- 8.7 Three hits are allowed with no two consecutive hits by a player unless the first contact was a block (partially blocked ball does not count as a hit). When two or more teammates touch the ball simultaneously, any player may play the ball next if the simultaneous contact is not the third team hit.

- 8.8 If the ball hits part of a basketball goal, or any other hanging material, it is the referee's decision whether a replay is required. If there is no referee, determine whether hanging material will result in a replay before the game begins.
- 8.9 Any harassing of a referee, excessive questioning of the referee's decision, or any other unsportsmanlike conduct may result in the referee:
- a. Warning the offending individual(s) or team.
 - b. Awarding the other team a point or side out for rude conduct.
 - c. Expulsion of the offending individual(s) for the remainder of the game for offensive conduct or repeated rude conduct.
 - d. Disqualification of the offending individual(s) for the remainder of the match for aggression or repeated offensive conduct.
- 8.10 All communication with the referee should be by the team captain.
- 8.11 A ball striking the net and going over is still in play.
- 8.12 A ball which hits a line is in bounds.
- 8.13 It is illegal to attack or block a serve unless the ball is still played in the receiver's court.
- 8.14 The following USAV Coed rules will NOT be enforced in the Rockwell League:
- a. When more than one hit occurs on side, a female must touch the ball before it is sent over the net.
 - b. When two females are in the front row, a male may come from the back row to block
 - c. Rotation must be set up alternating male-female.
- 8.15 In accordance with USAV rules, the libero position will be allowed in the Rockwell league, with the following caveats:
- a. No special colored jersey will be required; however, before the match is to begin, the team must announce they will be using the special defensive player position, and clearly identify the libero player to the opposing team:
 - b. Only one libero player may be used in a given game. For coed teams, this means the libero player may only substitute players of their corresponding gender so that the coed rules are kept (refer to rule 1.1 above).

OTHER

- 8.16 This is recreational volleyball. Have a good time, but not at the expense of others.
- 8.17 It is the responsibility of the teams playing the first of the night to set up the nets by the scheduled warm up time. Teams playing the last match of the night are responsible for taking down the nets after they are finished.
- 8.18 No smoking in the building at any time.
- 8.19 No drinks or food in the gym.

- 8.20 In the past, Rockwell’s volleyball league participants developed a bad reputation that put our ability to rent gyms at risk. As a result, we lost one of the gyms we were renting and had to limit the number of teams that could participate. In order to ensure we have the good standing necessary to secure facilities, we MUST enforce the following rules:
- 8.21 For the Rec Center: Do not wear your gym shoes to the game (during the winter months), the floors get slippery and dangerous. Black soled shoes are not allowed. Please use towels to dry your feet when provided. All non Rec Center members must check in at the front desk prior to playing.
- 8.22 Children are not allowed to leave the gym unless accompanied by an adult (including trips to the bathrooms and water fountain). Violators of this policy will be asked to leave immediately and may not be allowed to play the rest of the season. Please keep small children where they cannot be injured by spikes, hard serves, or players running to save a ball. Note: We suggest to parents that they bring a water bottle and items to keep children occupied, and also to take children to the bathroom between games.
- 8.23 Stay in the gym area, do not wander through the halls.
- 8.24 Captains must make sure to write down the scores of the games and turn them into the league coordinator.
- 8.25 Standings will not be distributed. Standings will be available at the volleyball website: <http://www.rockwellcollinsclubs.com/leagues-ia/volleyball>.
- 8.26 You do not have to be a member of the Rec Center to play in the volleyball league. Non-members of the Rec Center, who have league play at the Rec Center, are allowed to use the court, lounge, and restrooms on league nights. If players or their guests are found in any other area, the player will not be allowed to play the rest of the season. All guests must be at least 12 years old and obey all Rec Center policies. All Guest must “sign in” and “sign out” at the front desk.
- 8.27 Cancellation Information (Due to Weather, etc): Cancellations will be announced by a pre-recorded phone message at 295-8888 (x58888), Category 4. Cancellations made prior to 4:30 PM on game night will be communicated to the captain’s via e-mail and also be announced on the volleyball website: <http://www.rockwellcollinsclubs.com/leagues-ia/volleyball>.

Questions, comments, or suggestions should be directed to:

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